



## INFORMATION RESOURCES ORDER FORM

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| ENGLISH LANGUAGE INFORMATION RESOURCES |  |                  |  |
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|                           | TITLE  | QTY |
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| <b>Brochures</b>          |  |     |
| No. 1                     | Bladder Control Problems   |     |
| No. 2                     | Good Bladder Habits for Everyone   |     |
| No. 3                     | Poor Bowel Control   |     |
| No. 4                     | Bladder Control Check Up   |     |
| No. 5                     | Pelvic Floor Muscle Training for Men   |     |
| No. 6                     | Pelvic Floor Muscle Training for Women   |     |
| No. 7                     | Dementia and Bladder and Bowel Control   |     |
| No. 8                     | One in Three Women Who Have Ever Had a Baby Wet Themselves   |     |
| No. 9                     | Childhood Bed-Wetting  |     |
| No. 10                    | Bed Wetting in Young Adults  |     |
| No. 11                    | Expecting a Baby?  |     |
| No. 12                    | Surgery for Bladder Control Problems in Women  |     |
| No. 13                    | The Prostate and Bladder Problems  |     |
| No. 14                    | Nocturia – Going to the Toilet at Night  |     |
| No. 15                    | Continence Products  |     |
| No. 16                    | Prolapse – Don't Ignore the Signs  |     |
| No. 17                    | Bladder Training   |     |
|                           | <b>Questionnaire</b> - Bladder Management Problems & Self Assessment   |     |
|                           | <b>Leaflet</b> - National Public Toilet Map  |     |
|                           | <b>Factsheet</b> - Looking After Your Bowel – A Guide to Improving Bowel Function                                |     |
|                           | <b>Application Form</b> - Continence Aids Payment Scheme (CAPS)  |     |
| <b>Books and booklets</b> |  |     |
|                           | <b>Book</b> - What now? Helping clients live positively with urinary incontinence - (for health professionals) - |     |
|                           | <b>Booklet</b> - Live better - tailored for clients after they have seen a health professional                   |     |
|                           | <b>Booklet</b> - 1 in 3 Women Who Have Ever Had a Baby Wet Themselves  |     |

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| <b>Booklet</b> - Carers – Help for People who Care for Someone with Incontinence                     |  |
| <b>Booklet</b> - improving Bowel Function After Surgery  |  |
| <b>Booklet</b> - Looking After Your Bowel – A Guide to Improving Bowel Function                      |  |
| <b>Booklet</b> - Solving Common Bowel Problems – A resource tool for persons with spinal cord injury |  |
| <b>Children's bedwetting</b>   |  |
| <b>Guide</b> - Watertight – A guide for older children, young people & parents about bed-wetting     |  |
| <b>Booklet</b> - The Dry Night – Advice for parents of children who wet the bed.                     |  |
| <b>Booklet</b> - Sleepover Childhood Bedwetting (Interactive booklet)                                |  |

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| <b>Reports</b>  |  |
| <b>Report</b> - Risks and Burdens of Incontinence in an Older Community – The Dubbo Longitudinal Study of the Elderly 1988-2003 |  |
| <b>Report</b> - Framework for Economic and Cost Evaluation for Continence Conditions 2006                                       |  |
| <b>Report</b> - Continence Outcomes Measurement Suite together with Review of Patient Satisfaction Measures 2006                |  |
| <b>Report</b> - Measuring Incontinence in Australia 2006  |  |
| <b>Report</b> - National Continence Management Strategy Phase 3 Action Plan   |  |

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| <b>Resources</b>   |  |
| <b>Magnet</b> - National Public Toilet Map   |  |
| <b>Bookmark</b> - BladderBowel website & National Public Toilet Map                |  |
| <b>DVD</b> - Caring For People with Continence Problems –                          |  |
| <b>DVD</b> - Preventing & Managing Bowel Problems After Surgery for Bowel Cancer – |  |
| <b>Poster A2</b> - Don't Battle Constipation on your Own                           |  |
| <b>Poster A3</b> - Prevention & Management of Constipation in Adults               |  |
| <b>Poster A3</b> - Got to go Again? Maybe there's a problem                        |  |
| Evidenced Based Continence Assessment Tools for Residential Aged Care              |  |

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| <b>ABORIGINAL AND TORRES STRAIT ISLANDER INFORMATION RESOURCES BROCHURES</b> |  |
| Continence Myths and Facts   |  |
| Bladder Training   |  |
| What is Urinary Incontinence   |  |
| Good Bladder Habits for Everyone   |  |
| What is a Continence Assessment  |  |
| Continence Products and Appliances   |  |
| Constipation and Urinary Incontinence  |  |
| Pelvic Floor Exercises for Men   |  |
| Bladder Problems and the Prostate  |  |
| Pelvic Floor Exercises for Women   |  |
| Dementia and Urinary Incontinence  |  |
| A List of Ten Frequently Asked Questions                                     |  |
| <b>Resources</b>   |  |
| <b>Poster</b> - waterworks   |  |
| <b>Book A4</b> - Continence Gang Comic                                       |  |
| <b>Flip Chart</b> - Educational Flip Chart                                   |  |